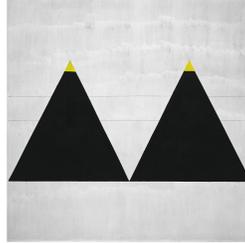


Psychosis
Philadelphia Center of Psychoanalysis
Psychotherapy Program
Spring 2019



Agnes Martin, *Untitled #1* (2003)

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Course Description

This seminar serves as an introduction to a constellation of human experiences referred to as “schizophrenia” or “psychosis”. The lived experiences of people who become psychotic, or are likely to be seen by others as psychotic, will be emphasized. Interpersonal experiences and processes will be explored as well. Instructors will advance approaches to respectful and facilitative participation in the lives of people experience psychosis that are trauma-informed and recovery-oriented, and integrate psychoanalytic, humanistic, and existential traditions. Participants will have the opportunity to relate their direct clinical experiences with readings from relevant bases of literature in weekly small group discussions.

Goals and Objective

Upon completion of this course, participants will be able to: describe some subjective and interpersonal experiences associated with psychosis, discuss a psychoanalytic conceptualization of psychosis and explain how it may relate to research on early experiences of adversity and subsequent neurodevelopment, and utilize their learning in the course to be with and work with people with psychosis in a way that promotes personal recovery and growth.

“The real understanding is not a simple abstraction, but specific understandings of specific patients in detail” (B. Karon, personal communication, 07/26/2012)

Personal Experiences of Psychosis and Treatment

Week 1 Readings

- ❖ Deegan, P. (1996). Coping with: Recovery as a journey of the heart. *Psychiatric Rehabilitation Journal*, 19, 3, 91-97.
- ❖ Britz, B. (2017). Listening and hearing: A voice hearer’s invitation into relationship. *Frontiers in Psychology*, 8, 387, 1-4.
- ❖ Bassman, R. (2012). Never give up. *Psychosis*, 1-6.

Etiologies of Psychosis

Week 2 Readings

- ❖ Read, J., Fosse, R., Moskowitz, A., & Perry, B. (2014). The traumagenic neurodevelopmental model of psychosis revisited. *Neuropsychiatry*, 4, 1, 65-79.
 - Optional Reading: Bailey, T., Alvarez-Jimenez, M., Garcia-Sanchez, A. M., Hulbert, C., Barlow, E., & Bendall, S. (2018). Childhood trauma Is associated with severity of hallucinations and delusions in psychotic disorders: A systematic review and meta-analysis. *Schizophrenia Bulletin*, 44, 5, 1111-1122.
- ❖ Rogers, A. (2016). *Incandescent Alphabets*. Karnac Books: London
 - Chapter Two: Psychosis, what is it, this strangeness?
- ❖ Freud, S. (1924). The loss of reality in neurosis and psychosis. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XIX (1923-1925): The Ego and the Id and Other Works, 181-188.

Interpersonal Experiences and How We Might Help

Week 3 Readings

- ❖ Fromm-Reichmann, F. (1939). Transference problems in schizophrenia. *The Psychoanalytic Quarterly*, 8, 412-426.
- ❖ Whitaker, L. (2013). Resolving the trouble with schizophrenic thinking. *Ethical Human Psychology and Psychiatry*, 15, 1, 50-58.
- ❖ Karon, B. (2008). An “incurable” schizophrenic: The case of Mr. X. *Pragmatic Case Studies in Psychotherapy*, 4 (1), 1-24.

Week 4 Readings

- ❖ Heaton, J. (2001). Theory versus understanding in psychotherapy. Papers of the 24th International Wittgenstein Symposia in Kirchberg am Wechsel (eds. R. Haller, K. Puhl)
- ❖ Rogers, A. (2016). *Incandescent Alphabets*. Karnac Books: London
 - Chapter Seven: Psychosis and the address: new alphabets and the enigmatic Other

Week 5

Case Discussion